REMARKS TO THE FACULTY SOUTHWEST SECONDARY SCHOOL MINNEAPOLIS, MINNESOTA

DATE UNKNOWN - IN THE LATE SPRING OF 1990

BY
C. EVERETT KOOP, MD, SCD

to the just neck this school has played the sale of gracion kest to my producen Kathy Sulker such Kato Taplay - and me as me have have prove to jetter a 1 home prome home. I've Special on Health Best med he one of a five yeart series to be shown on NBC on the Face.

The show year when they adalessants. Exhaust the flower of the shows the show the sh

HAD

AT THE OUTSET WE TO DISABUSE OURSELVES OF SOME COMMON MISCONCEPTIONS.

A TIME OF NATURAL GOOD HEALTH, A TIME WHEN CHILDREN
BLOSSOM BEAUTIFULLY INTO YOUNG ADULTS, A TIME OF HIGH
ENERGY AND WELL-BEING.

YOU MAY NOT KNOW IT, BUT

ADOLESCENTS ARE THE ONE GROUP OF AMERICAN
SOCIETY WHOSE HEALTH HAS NOT SHOWN IMPROVEMENT OVER
THE LAST 70 YEARS.

OUR CHALLENGE TODAY STEMS FROM THE NATURE OF THE

ADOLESCENT HEALTH PROBLEMS.

NO LONGER INFECTIOUS OR OTHER "PHYSICAL DISEASES"

LINGER OUT THERE TO PREY UPON UNSUSPECTING AND

INNOCENT VICTIMS, THE THREATS TO ADOLESCENT HEALTH LIE

IN THE REALM OF BEHAVIORAL PROBLEMS.

TO THE HEALTH PROBLEMS THAT THEY SUFFER.

THE PARTY ALL TOO PAWILLAR:

DRINKING, SMCKING, AIDS, PREGNANCY, SEXUALLY TRANSMITTED
DISEASES, VIOLENCE,

TRUE, SOME OF THESE PROBLEMS MAY TECHNICALLY OR
LEGALLY HAVE A PHYSICAL OR BIOLOGICAL BASIS AND HENCE
BE TERMED A DISEASE, BUT THEIR DANGER LIES IN THEIR LINK
WITH A SECCENT BEHAVIOR.

Some 05

THE PROBLEMS OF ADOLESCENT HEALTH OFTEN CAN BE TRACED

TO THE GROWING GAP BETWEEN ADULTS AND ADOLESCENTS IN

COMMUNICATION AND UNDERSTANDING.

WE WANT TO HIGHLITE

THAT

ADOLESCENTS SEEM TO THINK DIFFERENTLY.

THEY SEEM TO BE INHERENT RISK-TAKERS.

ALL EVIDENCE TO THE CONTRARY, THEY HAVE A SENSE THAT THEY ARE IMMORTAL.

SO THEY HAVE AN SEEMINGLY INSTINCTIVE RESPONSE TO TUNE OUT ANY ADMONITION THAT BEGINS WITH "DON'T".

ADOLESCE TO THE PROPERTY TURE OF

INDULGENCE AND NEGLECT:

SOCIETY OF THE PROPERTY OF THE

BUT THEN SOCIETY HAS NOT CONVEYED TO

THEM WHAT IT EXPECTS OF THEM.

THERE ARE MANY CRACKS IN OUR SOCIETY, AND ADOLESCENTS ARE PRONE TO FALL THROUGH THEM.

ADOLESCEMS ARE CRITICIZED FOR

NOT LIVING UP TO SUCIETY'S

EXPECTATIONS

ADDED TO ALL THESE PROBLEMS STEMMING FROM AN UNCERTAIN PLACE IN OUR SOCIETY, MOST ADOLESCENTS, AT ONE TIME OR ANOTHER, SUFFER REAL AND UNIQUE PROBLEMS IN HEALTH.

Howeve ne put the show to getter it will be designed to kelp both addenents and then parents. We hare yn like I. On behalf of Kathy & Kate I want to brond Ala Phelly - The teacher, The students and Then parents We love the had in this solune and dray we always be in our